

How to Use Your Aetna Health Insurance



Q: Where should I go when I am sick or hurt?

A: It depends on what kind of problem you have!

Normal sickness or minor emergency	Minor emergency if Olin is closed	Major emergency	Life-threatening emergency
<ul style="list-style-type: none">★ Go to Olin Health Center first★ Open Mon-Fri 8am - 6pm ; Sat 10am - 1pm	<ul style="list-style-type: none">★ Go to urgent care centers★ Complete list: tinyurl.com/docfind	<ul style="list-style-type: none">★ Go to Emergency Room:<ul style="list-style-type: none">• Sparrow Hospital• Ingham Regional Medical Center	<ul style="list-style-type: none">★ Dial 911 on any phone★ An ambulance will be sent to your location

Not sure what kind of problem you have? Call Olin 24-hr Nurseline: (517) 353-5557

● Normal sickness or minor emergency:

- Make **Olin Health Center** your first stop.
- Call to schedule an appointment: 517-353-4660
- Open Mon-Fri 8am- 6pm & Sat 10am -1pm; Summer & break hours: Mon-Fri 8am - 5pm.
- If Olin is unable to provide treatment, they will refer you to a health care provider who belongs to an Aetna provider network.
- For more information, please visit: <http://olin.msu.edu>

● Minor emergency if you are sick or hurt when Olin is closed, you may visit a local urgent care provider:

Lansing Urgent Care
Open daily 9am – 9pm
505 N. Clippert St. Lansing, MI 48912
(Bus route 1, across the street from Kroger)
(517) 333-9200

Sparrow Okemos Urgent Care
Open daily 9am - 9pm
2248 Mt. Hope Road
Okemos, MI 48864
(517) 381-4001

For complete list please visit: tinyurl.com/docfind (select "urgent care facilities" in the provider category)

● Major emergency (but not life-threatening):

- Go to the emergency room of one of the 2 major hospitals in the Greater Lansing area:
 - > **Sparrow Hospital** - 1215 E. Michigan Avenue, Lansing, MI 48912
 - > **McLaren Greater Lansing** - 401 W. Greenlawn, Lansing, MI 48910



Go to the Emergency Room (ER) for major emergencies only! Aetna may not cover your ER visit if it is not a major emergency! Go to Olin Health Center or an urgent care facility for any problem that is not a major emergency.

● Life-threatening emergency:

- **Dial 911 !!!** An ambulance will be sent to your location.

★ For OISS Health Insurance Advising hours, please visit: <http://oiss.isp.msu.edu/health.php>

Local Health Facilities - Where to go

On-Campus Health Facility

★ MSU Olin Health Center (on campus)
Open Mon-Fri. 8 am - 6 pm ; Sat. 10 am - 1 pm
Summer/Break: Mon-Fri. 8 am - 5 pm
Appointment: (517) 353-4660
www.olin.msu.edu
🚌 20 or 39

Neighborhood clinics (on campus)

★ 127 South Hubbard Hall - *East Neighborhood*
★ G-17 Holden Hall - *South Neighborhood*
Mon-Wed. 8 am - 8 pm; Thur. 9 am - 5 pm; Fri. Closed
★ W-9 McDonel Hall - *River Trail Neighborhood*
★ 148 Brody Hall - *Brody Neighborhood*
Mon. 9 am - 5 pm; Tue-Fri. 8 am - 5 pm

Urgent Care Centers

① Lansing Urgent Care (2.8 miles from MSU)
Open daily 9 am - 9 pm, Sunday 9 am - 6 pm
505 North Clippert St, Lansing, MI 48912 (near Frandor)
(517) 333-9200
🚌 20 -> 1 or 15

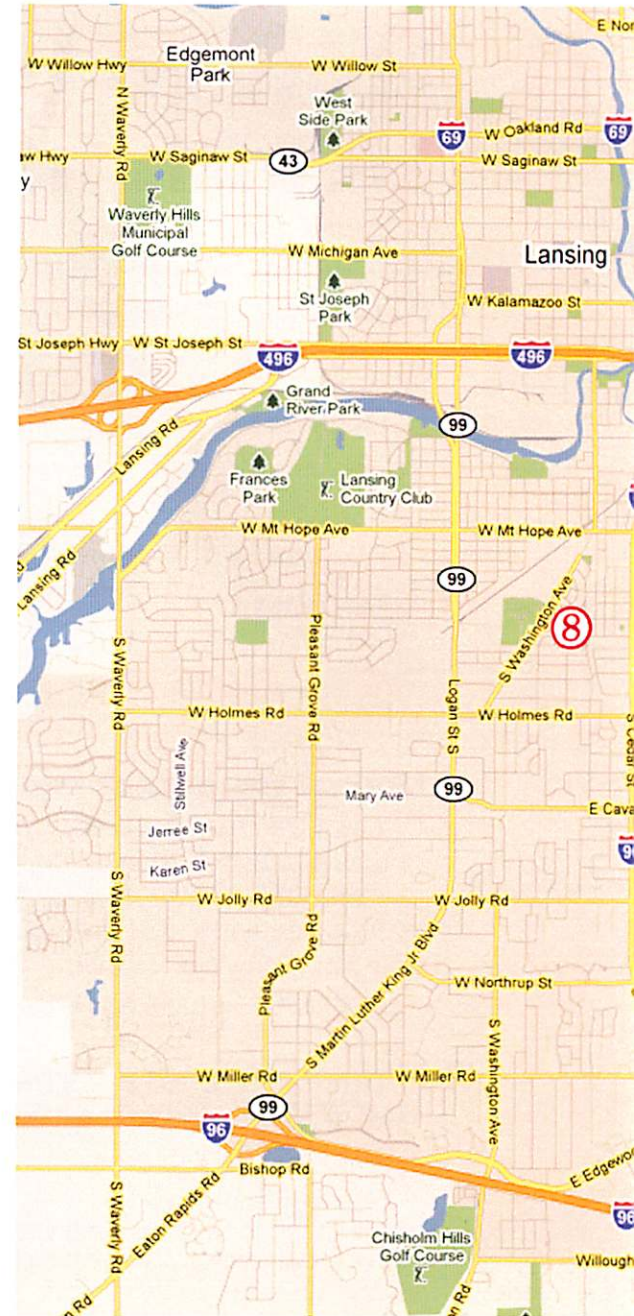
② Sparrow Urgent Care (3.8 miles from MSU)
Open daily 9 am - 9 pm
2248 Mt. Hope Road, Okemos, MI 48864
(517) 381-4001
🚌 20 -> 23

③ Lansing Urgent Care (4.7 miles from MSU)
Open daily 9 am - 9 pm, Sunday 9 am - 6 pm
2289 W. Grand River, Okemos, MI 48864
(517) 349-2300
🚌 20 -> 1

④ Delta Medical Center (5.7 miles from MSU)
Open Mon-Fri. 9 am - 6 pm
1107 East Miller Road, Lansing, MI 48911
(517) 882-7566
🚌 20 -> 1 -> 8 or 9 or 5

⑤ Redi-Care Health Service Consult (7.1 miles from MSU)
Open Mon-Sat. 9 am - 9 pm, Sunday 9 am - 6 pm
1623 Haslett Road, Haslett, MI 48840
(517) 339-2100
🚌 20 -> 22

⑥ Redi-Care South (8 miles from MSU)
Open daily 9 am - 9 pm
6910 South Cedar Street, Lansing, MI 48911
(517) 694-4134
🚌 20 -> 1 or 15 -> 8 or 9 or 5



Hospital Emergency Rooms (Open 24/7)

⑦ Sparrow Hospital Emergency Department
1215 East Michigan Avenue, Lansing, MI 48909
(517) 364-4120
🚌 20 -> 1 or 15

⑧ McLaren Greater Lansing Emergency Department
401 West Greenlawn, Lansing, MI 48910
(517) 975-7500
🚌 20 -> 1 or 15 -> 2 or 5

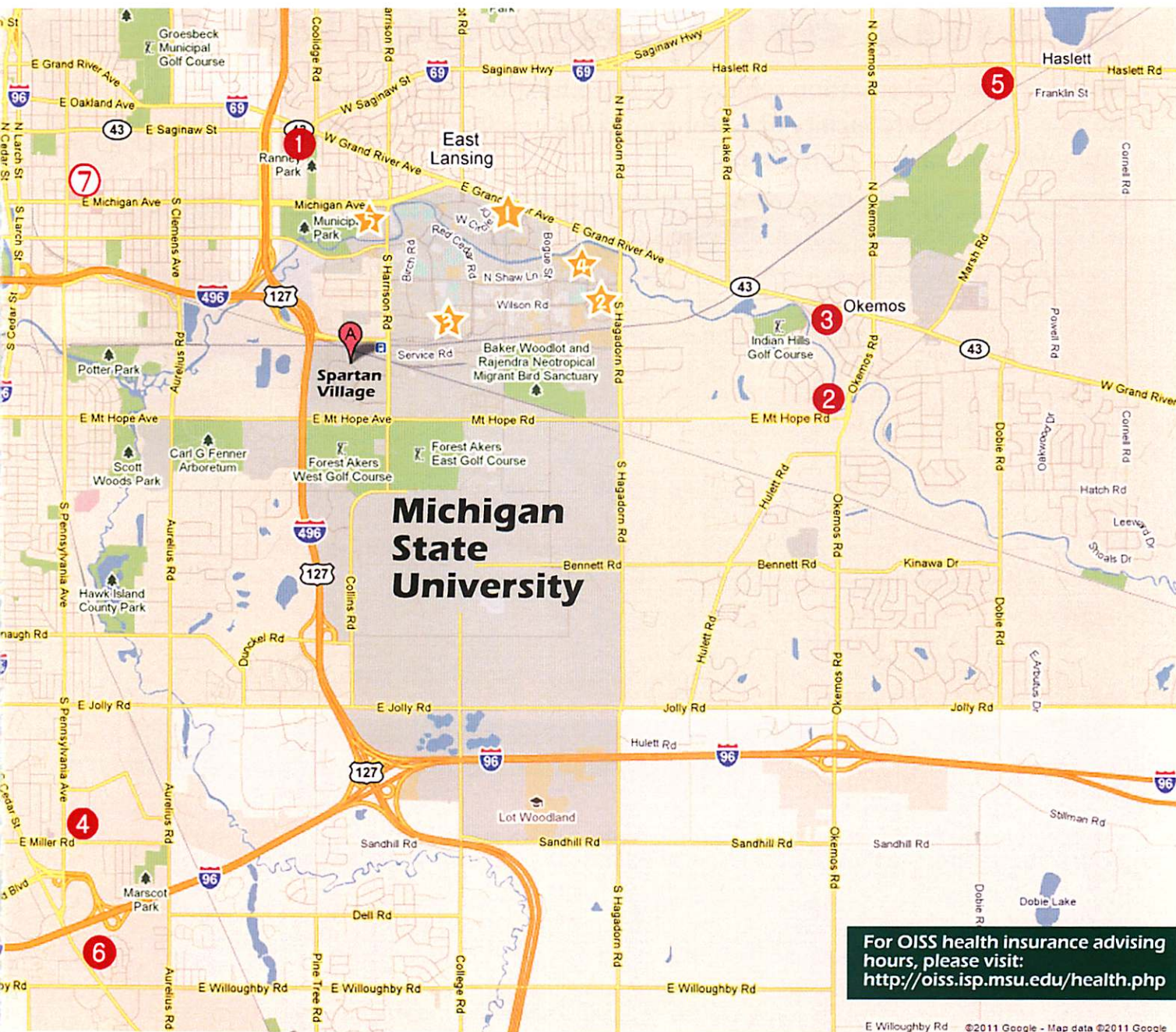


All suggested bus routes and mileage are based on the current bus schedule. Please visit www.cata.org for the latest information before you go.

o if you are sick or injured.

For Aetna Student Health

Visit www.tinyurl.com/docfind
for complete list of In-Network providers,
If you have other insurance plans,
please check with your insurance company.



For OISS health insurance advising
hours, please visit:
<http://oiss.isp.msu.edu/health.php>

24 hours)

(3.6 miles from MSU)

partment (4.2 miles from MSU)

estimates start from Spartan
the latest bus route schedule

Find out where you should go to :

Normal sickness or minor emergency

- ★ Go to Olin Health Center first
- ★ Open Mon-Fri 8am - 6pm ; Sat 10am - 1pm

Minor emergency if Olin is closed

- ★ Go to urgent care centers
- ★ Complete list: tinyurl.com/docfind

Major emergency

- ★ Go to Emergency Room:
- Sparrow Hospital
- McLaren Greater Lansing

Life-threatening emergency

- ★ Dial 911 on any phone
- ★ An ambulance will be sent to your location

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Health Insurance 101: International Students & Scholars

Is this an Emergency?

Not every medical situation requires a visit to the hospital emergency department. Go to an urgent care facility or waiting until the next day to see the doctor instead often will take care of a problem.

Examples of what to use *Olin Student Health Center* or *Urgent Care* for

- Minor cuts where bleeding is controlled
- Colds, cough, sore throat or flu
- Fever; however, if there is a convulsion or extreme fever in a child, do go to the emergency department
- Sprains
- Sunburns or minor burns from cooking
- Skin rashes
- Minor dog or animal bites where bleeding is controlled (do see your doctor immediately because a rabies shot may be required)
- Insect stings or delayed swelling from a sting; however, if there is breathing difficulty, go to the emergency department
- Earaches
- Sexually transmitted diseases

Examples of what you go to the *emergency department* for

- Loss of consciousness
- Signs of a heart attack that last 2 minutes or longer, which include chest pain or chest pain radiating to the left arm
- Signs of a stroke, which include sudden onset of numbness in any extremity and elevated blood pressure
- A major injury, such as a head injury
- Bleeding that does not stop after 10 minutes of direct pressure
- Sudden severe pain
- Severe shortness of breath
- A severe or worsening reaction to an insect bite or sting, or to a medication, especially if breathing is affected
- Unexpected stupor, drowsiness or disorientation
- Poisoning
- Coughing up or vomiting blood
- Suicidal or homicidal feelings
- Anything else you reasonably believe may be an emergency

Source : Olin Student Health Center

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Office for International Students & Scholars